



What is the YouthMOVE Program?

YouthMOVE is a monthly youth-led group devoted to improving services and systems to support youth inclusion, mental wellness, positive supports and healthy transition. YouthMOVE empowers youth to advocate for themselves and live healthy, meaningful lives. This is provided in partnership with FOCUS and The Family Resource Center.



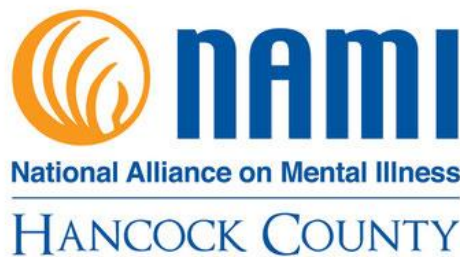
Participant Perspectives

"I have been able to be myself, to be better than I was the day before. I have been able to become more of a leader and I've explored and traveled to different places and met new people."

"YouthMOVE gave me a support network of people I can relate to on an intimate and personal level. They get me. They understand having a mental health condition and trying to maintain a healthy well-being."

This group is held the 2nd Monday of every month from 6pm -8pm. Call to RSVP!

Our mission is promoting mental health in Hancock County to build better lives through education, support, and advocacy.



Contact us to find out more about
YouthMOVE!

NAMI Hancock County
306 N. Blanchard Street
Findlay, Ohio 45840
www.namihancockcounty.org
567-525-3435

About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Hancock County is an affiliate of NAMI Ohio. NAMI Hancock County and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.